

## **Age Groups**

Participants of the half marathon, Open 10K and Great Delhi Run categories, men and women, falling within age groups as on date of their respective ADHM run (any time, any day, from anywhere, from 25<sup>th</sup> to 29<sup>th</sup> November 2020), will be ranked basis the finish timings recorded on the ADHM App.

Top 3 finishers (men and women) of each age group, basis their overall rankings, or basis rankings of team members across all Corporate Groups or rankings team members across all CSO/NGO Groups, will stand to be eligible for winner medals and merit certificates.

### **Half Marathon age groups**

- 18 years to 24 years
- 30 years to 34 years
- 40 years to 44 years
- 50 years to 54 years
- 60 years to 64 years
- 70 years and above
- 25 years to 29 years
- 35 years to 39 years
- 45 years to 49 years
- 55 years to 59 years
- 65 years to 69 years

### **Open 10K age groups**

- 15 years to 19 years
- 25 years to 29 years
- 35 years to 39 years
- 45 years to 49 years
- 55 years to 59 years
- 65 years to 69 years
- 20 years to 24 years
- 30 years to 34 years
- 40 years to 44 years
- 50 years to 54 years
- 60 years to 64 years
- 70 years and above

### **Great Delhi Run age groups**

- 10 years to 14 years
- 20 years to 24 years
- 30 years to 34 years
- 40 years to 44 years
- 50 years to 54 years
- 60 years to 64 years
- 70 years and above
- 15 years to 19 years
- 25 years to 29 years
- 35 years to 39 years
- 45 years to 49 years
- 55 years to 59 years
- 65 years to 69 years